

Kayla Sanders, Project Director (406) 459-9769 Email: healthygranitecounty@outlook.com

Anna Bergerson, MSW, SWLC, CHW - Health Resources Coordinator (406) 274-8990

Email: gchealthresources@gmail.com

Katie Muhly, RN, CHW - Health Resources Coordinator (406) 396-3257

Email: healthygranitenursekatie@gmail.com

Ashley Westphal, PMHNP-C – Psychiatric Mental Health Nurse Practitioner (406) 210-4072

Email: hgcnpmhnp@gmail.com

Table of Contents

Behavioral Health	3
Neighboring Resources	5
Neighboring Behavioral Health Resources	6
Wellness/Holistic Health	7
Financial	7
Food	7
Legal	8
Seniors	9
Veterans	10
Other	11

Behavioral Health

Gypsy Ray, LCSW

(406) 880-0977

Email: gypsyraylcsw@gmail.com

Provides care 2 days a week (Mon/Tues) out of Philipsburg Dental's office at 132 W Broadway. Provides care the remainder of the week out of 118 E 7^{th} Street, Suite 2D, Anaconda, MT 59711.

Jennifer M. Graham, LCPC Candidate

(406) 531-4044

Email: granitelcpc@gmail.com

Provides care 2 days a week out of Philipsburg Dental's office at 132 W Broadway.

Philipsburg AA Meeting

Volunteer Fire Station – Head East on W. Broadway, past Huffman's Grocery, turn right onto Railroad St. (before Granite Sportland), go right at the three-way: Big blue building with large American flag.

Wednesday & Sunday nights at 6 PM - Open Meeting, "Staying in the Solution."

* To find an AA Meeting in your location, call the 24-hour AA Hotline at 1-888-607-2000.

Granite County Public Health Department

PO Box 312 Drummond, MT 59832 (406) 531-5442

Public Health Assistant, Jackie Bolster's email: jbolster@co.granite.mt.us

Offers health education and support.

Tri-County Tobacco Prevention Specialist

Amanda Bohrer

115 West Commercial Avenue, PO Box 970, Anaconda, MT 59711

(406) 563-7863

Email: abohrer@adlc.us

Prevention Program coordinator for Deer Lodge, Granite and Powell Counties.

Crisis Text Line – Text MT to 741-741

A free, 24/7 text line for people in crisis.

Suicide Prevention Hotline

Dial 988 or 1-800-273-8255

Montana Crisis Hotline - 1-877-503-0833

A free & confidential hotline for Montanans. Available Mon.-Fri. 10:00 am-10:00 pm.

Montana Mental Health Warmline-877-688-3377

If you are not in crisis, but need additional support, free and confidential services are available Monday to Friday from 8 a.m. to 9 p.m. and Saturday and Sunday from noon to 9 p.m.

Thriveformontana.com

Free online help for Montana adults feeling down, stressed, or anxious.

Alzheimer's Association 24/7 Helpline: 800.272.3900

Available around the clock, 365 days a year. Through this free service, specialists and master's-level clinicians offer confidential support and information to people living with dementia, caregivers, families and the public.

Montana Recovery Line: 877-688-3377

For people with a mental illness who want to talk to a peer about issues they are facing in their lives or with their treatment. It provides a friendly and understanding person for those who just need someone to helpwith getting them back on their Recovery track.

National Eating Disorders Association Helpline: 800-931-2237

Granite County Alzheimer's Support Group

Community Conversations about Alzheimer's group meets on the last Monday of each month at 1:30 in the Drummond library.

National Domestic Violence Hotline: 1-800-787-SAFE (7233) or 1-800-787-3224

Child and Elder Abuse Helpline: 1-800-332-6100 or 406-444-9810

LGBTQ+ Crisis Resources

- The Gay, Lesbian, Bisexual and Transgender National Hotline: (888) 843-4564
- The LGBT National Youth Talkline (youth serving youth through age 25): (800) 246-7743
- Trans Lifeline (trans-led organization): (877) 565-8860

4

Neighboring Resources

YWCA of Missoula

Office: (406) 543-6691

• 24-Hour Crisis Line: (406) 542-1944 or (800) 483-7858

www.ywcaofmissoula.org

 Service Area: Missoula, Mineral, Sanders, Granite, Lower End of Lake County, Lower end of Ravalli County

First Step Resource Center — Saint Patrick Hospital: (406) 329-5776 Off hours on-Call Examiner (406) 329-5776

First Step Resource Center, a National Children's Alliance-accredited children's advocacy center at Providence St. Patrick Hospital, provides medical evaluations, forensic interviews, mental health treatments, care coordination and referrals for child and adult victims of abuse or assault.

Missoula's Poverello Center Inc- (406) 728-1809

Dedicated to providing shelter and other essential services to the homeless population in and around Missoula, MT.

• The Poverello Center

With a new location at 1110 West Broadway, the main center and shelter offers a multitude of resources to people experiencing homelessness, hunger, and poverty, including hot meals, laundry services, and nightly shelter for men and women.

Veterans Housing

These medium-term transitional housing programs for veterans provide over 40 former service members with small apartments or semi-private rooms and a unique opportunity to transition out of homelessness and into a stable and healthy future over a two-year period. Services include onsite case management, 24-hour staffing, health care assistance, and referrals.

Butte Rescue Mission Center of Hope- (406) 782-0925

610 E Platinum St, Butte, MT 59701

Partnering with Southwest Montana to feed, clothe, shelter and restore hope to those in need.

5

Neighboring Behavioral Health Resources

Providence Health and Services – Providence Psychiatry

Providence Center, 900 N. Orange Street, Suite 202 Missoula, MT 59802 (406) 327-3362 1-855-PMG-TEAM (Appointments)

(406) 327-3349 (Fax)

Website: www.providence.org

Have specialists who are experts in multiple populations and sub-specialties, including: Geriatrics (senior citizens), children and adolescents, eating disorders, and neuropsychology. Resources are available for patients to access additional services when needed, such as the Adolescent Partial Hospitalization Program and Inpatient Hospitalization for crisis stabilization when necessary.

Southwest Montana Community Health Center

Anaconda Clinic 110 Oak Street Anaconda, MT 59711 (406) 563-0771

Butte Clinic

445 Centennial Avenue Butte, MT 59701 (406) 723-4075

Website: www.swmtchc.org

Behavioral Health Specialists offering family, children, and adolescent counseling services; adult behavioral health; substance abuse evaluation and treatment; and depression care. Providing services through a team approach with the belief that our physical and mental health are closely linked.

Western Montana Mental Health

Missoula Adult Mental Health 1315 Wyoming Missoula, MT 59801 (406) 532-9700

**Crisis 24/7 Services – Dakota Place - (406) 532-8949

Email: missoula@wmmhc.org Website: www.wmmhc.org

An integrated community-based mental health center offering a comprehensive range of services and housing options to people of all ages who face mental health and substance use disorders.

Wellness/Holistic Health

Renew Wellness

Philipsburg, MT (406) 600-7267

www.renewellnessmt.com

Massage, yoga, digestive health coaching and more.

Iron Mountain Retreat Center

Maxville, MT

Email: ironmountainretreat@gmail.com

www.ironmountainretreat.com

Offering meditation, yoga and other wellness retreats.

Financial

Office of Public Assistance: Granite County

307 East Park, Room 305 Anaconda, MT 59711 Apply.mt.gov, 1-888-706-1535 SNAP, TANF, LIEAP and other government assistance.

Food

Granite County Food Pantry

12 Maxville Road Maxville, MT 59837 Services people from Granite County.

Food Bank of the Valley

Philipsburg, MT 59858 (406) 370-9019

Services people from Granite County with monthly food delivery and emergency food access. Noincome verification or documentation needed for services.

SNAP (Supplemental Nutrition AssistanceProgram): 1-888-706-1535 or online at

apply.mt.gov

WIC (Women, Infants, and Children)

Coming to Granite County – Contact Public

Health Dept. (406) 531-5442

Anaconda WIC office: 406-563-7863 Missoula WIC office: 406-258-4740.

Nutrition and supplemental food program. Provides breastfeeding support & formula as needed. Available to pregnant women and kids under 5. Call to schedule a phone appointment.

Legal

County Attorney

PO Box 489

Philipsburg, MT 59858

(406) 859-3541

Email: bbradshaw@co.granite.mt.us

Granite County Sheriff

115 Kearney Street

PO Box 188

Philipsburg, MT 59858

(406) 859-3251

Email: scottd@granitecosheriff.org

Website: www.granitecountysheriffsoffice.com

Granite County Clerk of District Court

PO Box 399

Philipsburg, MT 59858

(406) 859-3712

Email: cbohrnsen@co.granite.mt.us

Granite County Crime Victim Advocate

T.J. Vietor - Victim-Witness Advocate

(406) 560-1799 or (406) 859-3251

Confidential and private consultations.

Child and Family Services Program

PO Box 8005

Helena, MT 59604-8005

(406) 841-2400

(406) 841-2487 (Fax)

(866) 820-5437 (Child Abuse Hotline)

Provides child and protective services on a referral basis.

Child Support Enforcement Division

Field Office

17 West Galena

Butte, MT 59701

(406) 497-6600

(406) 782-9728 (Fax)

Offers child support services in Montana.

Citizen's Advocate

1301 E 6th Ave #232 Helena, MT 59601 (406) 444-3468 *Helps people navigate through government.*

Consumer Protection Office

555 Fuller Ave. PO Box 200151 Helena, MT 59620-0151 (800) 481-6896 (406) 444-4500

Processes consumer complaints against businesses.

Montana Legal Services Association (MLSA)

(800) 666-6899

Website: www.MontanaLawHelp.org

Seniors

Drummond Senior Citizens

Drummond Community Center 54 East Broad Street Drummond, MT 59832 (406) 288-3368

Meals – Mondays at noon; Wednesdays at 5:15 p.m. and Fridays from 4:30-6:30 p.m. *Also offer meal deliveries, take-out, and grocery pick-up for seniors.*

Phillipsburg Senior Center

103 Broadway Street Philipsburg, MT 59858 (406) 859-3595

Meals – Mondays, Tuesdays and Wednesdays at 5:30 p.m.

Also offer meal deliveries and take-out.

Granite County, Area V Council on Aging - Public Health Department

PO Box 312 Drummond, MT 59832 (406) 531-5442

Offers information and assistance on aging issues.

Granite County Medical Center

310 Sansome Street Philipsburg, MT 59858 (406) 859-3271

(406) 859-3011 (Fax)

Email: info@gcmedcenter.org Website: gcmedcenter.org

Offers long term care and adult day care options.

Encompass Health Hospice

2419 Mullan Rd, Ste D Missoula, MT 59808-1856 (406) 540-1512

Hospice provider servicing Granite County with end-of-life care.

Veterans

Montana Veterans Affairs Veteran Service Officer II

Saajid Muhammad

(406) 533-0910 (leave message)

Website: montanadma.org

Granite County's officer; Able to assist veterans, their families and surviving spouses sign up for VA benefits, healthcare, and other programs.

VFW Post 8292

Maxville, MT 59837 (406) 859-3657 Social Group for veterans in Granite County.

Montana Veterans Affairs

1900 Williams St. Helena, MT 59604 (406) 324-3740

Website: http://montanadma.org/montana-veterans-affairs

- * Veterans Crisis Line 1-800-273-8255 PRESS 1
- * Confidential crisis chat at VeteransCrisisLine.net or text to 838255
- *VA's Caregiver Support Line: 1-855-260-3274

Other

Drummond Public Library

124 First Street Drummond, MT 59832 (406) 288-3700

Email: library@drummondschool.net Website: www.drummondlibrary.org

Offering kids programs, support groups, art classes, book clubs, community events, and more.

Philipsburg Public Library

106 W. Broadway Street Philipsburg, MT 59858 (406) 859-5030

Email: phl5030@blackfoot.net Website: www.pburglibrary.org

Offering kids programs, HiSET (High School equivalency) prep, adult cooking, gardening and herbalism classes, support groups, art classes, book club, community events, and more.

Healthier Rural West Resource Guide

Download your own at https://healthierruralwestsummit.org

A useful guide with more information on tools, innovators, and organizations working to improve rural health.