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Table of Contents

Behavioral Health	3
Child & Family Services	5
Public School Districts	7
Neighboring Resources	7
Churches	8
Neighboring Behavioral Health Resources	9
Wellness/Holistic Health	10
Dental	10
Financial	10
Food	11
Legal	12
Seniors	13
Transportation	14
Veterans	14
Other	15

Behavioral Health

Anna Bergerson, LCSW, Healthy Granite County Network

(406) 274-8990 Email: gchealthresources@gmail.com

Provides counseling and therapy in Philipsburg, Hall, & Drummond at Healthy Granite County Network offices at the Granite County Courthouse and via telehealth.

Gypsy Ray, LCSW

(406) 880-0977

Email: gypsyraylcsw@gmail.com

Provides mental health therapy 2 days a week (Wed/Thurs) out of Philipsburg Dental's office at 132 W Broadway. Provides mental health therapy (Mon/Tues) at 18 Cedar St, Anaconda, MT 59711.

Jennifer M. Graham, PCLC, Providence Mental Health

(406) 282-4987 Email: <u>jennifer.graham@providencemh.com</u> Provides family-based mental health services locally.

Wendy Dyer, ACLC

(406) 565-3484 Email: <u>wendydyerlac@gmail.com</u> Provides addictions counseling and services.

Zenith View, LAC Services

Email: zenithview406@gmail.com

Provides private practice addictions counseling and anger management services. Currently offering "Learning to Support Yourself and Loved Ones with Addiction" at the Phillipsburg Library the second Saturday of each month at 2:30 (remote meeting option available, email for link).

Philipsburg AA Meeting

Volunteer Fire Station – Head East on W. Broadway, past Huffman's Grocery, turn right onto Railroad St. (before Granite Sportland), go right at the three-way: Big blue building with large American flag.

Wednesday & Sunday nights at 6 PM - Open Meeting, "Staying in the Solution."

* To find an AA Meeting in your location, call the 24-hour AA Hotline at 1-888-607-2000.

Men of Philipsburg Meetings

Thursday nights at 6:30 – Philipsburg Baptist Church Men's group for support for those dealing with substance use disorders, alcoholism, anger, or just stress and looking for a place to be supported by peers/other men dealing with the same.

Granite County Public Health Department

PO Box 312 Drummond, MT 59832 (406) 531-5442 Public Health Assistant, Jackie Bolster's email: <u>jbolster@co.granite.mt.us</u> *Offers health education and support.*

Tri-County Tobacco Prevention Specialist

Amanda Bohrer 115 West Commercial Avenue, PO Box 970, Anaconda, MT 59711 (406) 563-7863 Email: <u>abohrer@adlc.us</u> *Prevention Program coordinator for Deer Lodge, Granite and Powell Counties.*

Crisis Text Line – Text MT to 741-741

A free, 24/7 text line for people in crisis.

Montana 24/7 Suicide Helpline - Dial 988 or 1-800-273-8255

Montana Crisis Hotline – 1-877-503-0833

A free & confidential hotline for Montanans. Available Mon.-Fri. 10:00 am-10:00 pm.

Montana Mental Health Warmline-877-688-3377

If you are not in crisis, but need additional support, free and confidential services are available Monday to Friday from 8 a.m. to 9 p.m. and Saturday and Sunday from noon to 9 p.m.

Thriveformontana.com

Free online help for Montana adults feeling down, stressed, or anxious.

Alzheimer's Association 24/7 Helpline: 800.272.3900

Available around the clock, 365 days a year. Through this free service, specialists and master'slevel clinicians offer confidential support and information to people living with dementia, caregivers, families and the public.

Montana Recovery Line: 877-688-3377

For people with a mental illness who want to talk to a peer about issues they are facing in their lives or with their treatment. It provides a friendly and understanding person for those who just need someone to help with getting them back on their Recovery track.

National Eating Disorders Association Helpline: 800-931-2237

Granite County Alzheimer's Support Group

Community Conversations about Alzheimer's group meets on the last Monday of each month at 1:30 in the Drummond library.

Granite County Medical Center has quick access telecrisis evaluations via telehealth with licensed Intermountain Healthcare providers.

Child & Family Services

National Domestic Violence Hotline: 1-800-787-SAFE (7233) or 1-800-787-3224

Child and Elder Abuse Helpline: 1-800-332-6100 or 406-444-9810

Adult Protective Services Central Intake: 1-844-277-9300

- To report abuse, neglect or exploitation
- If you would like assistance in making a report to APS, you can call Missoula Aging Services at (406)728-7682 for help

Child Protective Services Toll Free Help Line: 1-866-820-5437

- Anaconda Office: (406) 523-4100
- Protects children who have been or are at substantial risk of abuse, neglect or abandonment.
- Website: http:/dphhs.mt.gov/CFSD

Child Support Enforcement Division of DPHHS:

Helena (406) 444-6858 or Butte (406) 497-6600

- Pursues financial and medical support of children by establishing, enforcing and increasing public awareness of parental obligations.
- Website: http:/dphhs.mt.gov/CSED

LGBTQ+ Crisis Resources

- The Gay, Lesbian, Bisexual and Transgender National Hotline: (888) 843-4564
- The LGBT National Youth Talkline (youth serving youth through age 25): (800) 246-7743
- Trans Lifeline (trans-led organization): (877) 565-8860

Flint Creek Childcare

Philipsburg - Call for specific location

(406) 859-1234 Email: <u>flintcreekchildcare@gmail.com</u> Non-profit licensed childcare.

Free RN Warm Line – 1-800-352-2519 8:00-5:00pm CST *Infant risk center*.

Free Support Group for Mothers and Infants in first few weeks at home.

For information on how to sign up visit the website at <u>www.cuddlingcubsplaygroup.org</u>

Public School Districts

Drummond Public Schools

Dean Phillips – Superintendent 108 W. Edwards St., PO Box 349, Drummond, MT 59832 (406) 288-3281 website: <u>www.drummondschool.net</u> *Grades K-12.*

Philipsburg Public Schools

Thomas Gates – Superintendent 501 Schnepel Street, Philipsburg, MT 59858 (406) 859-3232 website: <u>www.philipsburgschools.net</u> *Grades K-12.*

Hall Elementary School

Teresa Kielley – Supervising Teacher 109 W. Main St., Hall, MT 59837 (406) 288-3440 website: <u>www.hallschool.net</u> *Grades K-8.*

Neighboring Resources

YWCA of Missoula

Office: (406) 543-6691

- 24-Hour Crisis Line: (406) 542-1944 or (800) 483-7858
- www.ywcaofmissoula.org
- Service Area: Missoula, Mineral, Sanders, Granite, Lower End of Lake County, Lower end of Ravalli County

First Step Resource Center – Saint Patrick Hospital: (406) 329-5776 Off hours on-Call Examiner (406) 329-5776

First Step Resource Center, a National Children's Alliance-accredited children's advocacy center at Providence St. Patrick Hospital, provides medical evaluations, forensic interviews, mental health treatments, care coordination and referrals for child and adult victims of abuse or assault.

Missoula's Poverello Center Inc- (406) 728-1809

Dedicated to providing shelter and other essential services to the homeless population in and around Missoula, MT.

• The Poverello Center

With a new location at 1110 West Broadway, the main center and shelter offers a multitude of resources to people experiencing homelessness, hunger, and poverty, including hot meals, laundry services, and nightly shelter for men and women.

• Veterans Housing

These medium-term transitional housing programs for veterans provide over 40 former service members with small apartments or semi-private rooms and a unique opportunity to transition out of homelessness and into a stable and healthy future over a two-year period. Services include onsite case management, 24-hour staffing, health care assistance, and referrals.

Butte Rescue Mission Center of Hope- (406) 782-0925

610 E Platinum St, Butte, MT 59701 Partnering with Southwest Montana to feed, clothe, shelter and restore hope to those in need.

Churches

St. Peters Presbyterian

103 W. Kearney St., Philipsburg, MT 59858 (406) 261-1729

Philipsburg Community Church

208 Community Ave., Philipsburg, MT 59858 (406) 859-3622

Flint Creek Baptist Church

U.S. 10A, Philipsburg, MT 59858 (406) 859-4067

St. Philips Catholic Church Philipsburg, MT

(406) 241-3604

The Church of Jesus Christ of Latter-day Saints

1100 Sawmill Rd., Philipsburg, MT 59858 (406) 859-3696

Drummond Community Church

1 Grace Ln., Drummond, MT 59832 (406) 288-1702

Drummond United Methodist Church

144 N. Main St., Hall, MT 59832 (406) 261-1729

The Church of Jesus Christ of Latter-day Saints

6197 MT-1, Drummond, MT 59832

Gold Creek Christian Fellowship Mennonite Church

278 Gold Creek #246, Gold Creek, MT 59733

Neighboring Behavioral Health Resources

Providence Mental Health (406) 579-4984 Email: <u>info@providencemh.com</u> Website: https://providencemh.com

Providence Health and Services – Providence Psychiatry

Providence Center, 900 N. Orange Street, Suite 202 Missoula, MT 59802 (406) 327-3362 1-855-PMG-TEAM (Appointments) (406) 327-3349 (Fax) Website: www.providence.org

Have specialists who are experts in multiple populations and sub-specialties, including: Geriatrics(senior citizens), children and adolescents, eating disorders, and neuropsychology. Resources areavailable for patients to access additional services when needed, such as the Adolescent Partial Hospitalization Program and Inpatient Hospitalization for crisis stabilization when necessary.

Southwest Montana Community Health Center

Anaconda Clinic 110 Oak Street Anaconda, MT 59711 (406) 563-0771

Butte Clinic 445 Centennial Avenue Butte, MT 59701 (406) 723-4075

Website: www.swmtchc.org

Behavioral Health Specialists offering family, children, and adolescent counseling services; adult behavioral health; substance abuse evaluation and treatment; and depression care. Providing services through a team approach with the belief that our physical and mental health are closelylinked.

Wellness/Holistic Health

Renew Wellness

Philipsburg, MT (406) 600-7267 Website: <u>www.renewellnessmt.com</u> *Massage, yoga, digestive health coaching and more.*

Iron Mountain Retreat Center

Maxville, MT Email: <u>ironmountainretreat@gmail.com</u> Website: <u>www.ironmountainretreat.com</u> Offering meditation, yoga and other wellness retreats.

Dental

Philispburg Dental

Mark Messer, DMD 132 W. Broadway St., Philipsburg, MT 59858 (406) 859-7077 Website: <u>https://philipsburgdentalllc.com</u> *Open Fridays.*

Financial

Office of Public Assistance: Granite County

307 East Park, Room 305 Anaconda, MT 59711 Apply.mt.gov, 1-888-706-1535 SNAP, TANF, LIEAP and other government assistance.

DPHHS Agency on Aging

Area V - Southwest Montana Aging and Disability Services Joe Gillboy – Executive Director (406) 782-5555 State office of DPHHS Agency on Aging Toll Free: 1-800-266-4188 Personalized assistance with Medicare and Disability applications.

Food

Huffmans Grocery

1130 W. BroadwayPhilipsburg, MT 59858(406) 859-3551Local grocer in Granite County.

Granite County Food Pantry

12 Maxville Road Maxville, MT 59837 Services people from Granite County.

Food Bank of the Valley

Philipsburg, MT 59858 (406) 370-9019 Services people from Granite County with monthly food delivery and emergency food access. Noincome verification or documentation needed for services.

SNAP (Supplemental Nutrition Assistance Program): 1-888-706-1535 or online at

www.apply.mt.gov

WIC (Women, Infants, and Children)

Contact Public Health Dept. (406) 531-5442 Anaconda WIC office: 406-563-7863 Missoula WIC office: 406-258-4740. Nutrition and supplemental food program. Provides breastfeeding support & formula as needed. Available to pregnant women and kids under 5. Call to schedule a phone appointment.

Fresh Grocery Pickup Program - Drummond

Shannon Martell (406) 550-3655 Grocery ordering with free delivery from Clinton Market. Pickups will be at Drummond Library.

Legal

Granite County Attorney

Blaine Bradshaw PO Box 489 Philipsburg, MT 59858 (406) 859-3541 Email: <u>bbradshaw@co.granite.mt.us</u>

Granite County Sheriff

Scott Dunkerson 115 Kearney Street PO Box 188 Philipsburg, MT 59858 (406) 859-3251 Email: <u>scottd@granitecosheriff.org</u> Website: <u>www.granitecountymt.us/sheriffsoffice</u>

Granite County Clerk of District Court

Carol Bohrnsen PO Box 399 Philipsburg, MT 59858 (406) 859-3712 Email: <u>cbohrnsen@co.granite.mt.us</u>

Granite County Crime Victim Advocate

T.J. Vietor - Victim-Witness Advocate (406) 560-1799 or (406) 859-3251 *Confidential and private consultations.*

Child and Family Services Program

PO Box 8005 Helena, MT 59604-8005 (406) 841-2400 (406) 841-2487 (Fax) (866) 820-5437 (Child Abuse Hotline) Provides child and protective services on a referral basis.

Child Support Enforcement Division

Field Office 17 West Galena Butte, MT 59701 (406) 497-6600 (406) 782-9728 (Fax) Offers child support services in Montana.

Citizen's Advocate

1301 E 6th Ave #232 Helena, MT 59601 (406) 444-3468 *Helps people navigate through government.*

Consumer Protection Office

555 Fuller Ave. PO Box 200151 Helena, MT 59620-0151 (800) 481-6896 (406) 444-4500 Processes consumer complaints against businesses.

Montana Legal Services Association (MLSA) (800) 666-6899 Website: www.MontanaLawHelp.org

Seniors

Drummond Senior Citizens

Drummond Community Center 54 East Broad Street Drummond, MT 59832 (406) 288-3368 Meals – Mondays at noon; Wednesdays at 5:15 p.m. and Fridays from 4:30-6:30 p.m. *Also offer meal deliveries, take-out, and grocery pick-up for seniors.*

Phillipsburg Senior Community Center

103 Broadway Street
Philipsburg, MT 59858
(406) 859-3595
Meals – Mondays, Tuesdays and Wednesdays at 5:30 p.m.
Also offer meal deliveries and take-out.

Granite County, Area V Council on Aging – Public Health Department PO Box 312

Drummond, MT 59832 (406) 531-5442 *Offers information and assistance on aging issues.*

Granite County Medical Center

310 Sansome Street
Philipsburg, MT 59858
(406) 859-3271
(406) 859-3011 (Fax)
Email: info@gcmedcenter.org
Website: www.granitecountyhospital.com
Offers long term care and adult day care options.

Transportation

GCMC Free Patient Transportation

Dependable and safe transportation. (406) 550-3655 *Transportation services can be scheduled for you to be taken to GCMC for visits to the clinic.*

Veterans

Montana Veterans Affairs Veteran Service Officer II

Saajid Muhammad (406) 533-0910 (leave message) Website: <u>www.montanadma.org</u> Granite County's officer; Able to assist veterans, their families and surviving spouses sign up for VA benefits, healthcare, and other programs.

VFW Post 8292

Maxville, MT 59837 (406) 859-3657 Social Group for veterans in Granite County.

Montana Veterans Affairs 1900 Williams St. Helena, MT 59604 (406) 324-3740 Website: <u>http://montanadma.org/montana-veterans-affairs</u>

* Veterans Crisis Line 1-800-273-8255 PRESS 1

* Confidential crisis chat at VeteransCrisisLine.net or text to 838255

*VA's Caregiver Support Line: 1-855-260-3274

*Maketheconnection.net connects Veterans, their families and friends, and other supporters to <u>mental</u> <u>health information</u> and hundreds of videos of Veterans sharing their <u>inspiring stories of recovery</u>. The site is free to use and accessible to everyone.

Other

Drummond Public Library

Jodi Oberweiser - Director 124 First Street Drummond, MT 59832 (406) 288-3700 Email: <u>library@drummondschool.net</u> Website: <u>www.drummondlibrary.org</u> *Offering kids programs, support groups, art classes, book clubs, community events, and more.*

Philipsburg Public Library

Gina Vale, Director 106 W. Broadway Street Philipsburg, MT 59858 (406) 859-5030 Email: <u>phl5030@blackfoot.net</u> Website : <u>www.pburglibrary.org</u> *Offering kids programs, HiSET (High School equivalency) prep, adult cooking, gardening and herbalism classes, support groups, art classes, book club, community events, and more.*

Healthier Rural West Resource Guide

Download your own at <u>https://healthierruralwestsummit.org</u> A useful guide with more information on tools, innovators, and organizations working to improve rural health.